



BCSC
BERKSHIRE COUNTY
SPORTS CLUB



BARNES FITNESS.CO.UK
BELIEVE TO ACHIEVE

SONNING 5K 10K



Certificate of participation

This certificate is presented to

James Arrowsmith

for their active participation in the

St Albans 10K - 9AM START

In a time of

00:34:40

Ellie Gossling

Lorraine Sellwood